

Safeguarding Guide

Recommended supports for events and activations

The Brave Movement is committed to the safeguarding and wellness of our advocates, particularly survivors who have experienced childhood sexual violence.

Advocacy can be challenging – it often involves risks that put you or others in vulnerable, potentially triggering situations.

Read this two-pager to learn about Brave's recommended best practices, resources, and tips for safe advocacy.

Taking action is important.

Taking care of yourself & those around you is equally important..

Helpful resources to prepare for an event/activation

<u>Healing and Self-Care toolkit</u> (Brave Movement)	<u>Safeguarding Toolkit</u> (Brave Movement)
<u>Disclosure Guidelines</u> (Brave Movement)	<u>Brave Webinars</u> (Brave Movement)
<u>Online Harassment Resources</u> (National Sexual Violence Resource Center)	<u>Resources for Families and Survivors</u> (Canadian Centre for Child Protection)
<u>Printable Resources</u> (The Army of Survivors)	<u>Survivor Sanctuary</u> (‘me too.’ International)

[Child Safeguarding Policies](#)
(Brave Movement)

**The Brave Movement does not directly engage anyone under the age of 18 in programs, activities, or staffing. Brave follows best practices and is prepared to respond appropriately should any safeguarding concerns involving children arise.*

If you need additional support during your advocacy with Brave, please contact info@bravemovement.org

Fundamentals of Safeguarding at Events

Brave uses the following measures to safeguard and empower advocates at events.
We recommend you do the same!

Your safety and well-being are THE top priority.

You are encouraged to withdraw from participation at any time (if necessary).



Preparation/Training

Host prep sessions that build confidence, anticipate challenges, and help set boundaries before advocacy work.



Event Packet

Use customized event packets with agendas, key contacts, and an overview, so participants are ready to participate in any event.



Communications

Utilize confidential email and messaging to connect with staff or peers for questions or support when needed.



Therapist

Access licensed therapists trained in trauma-informed care for emotional support before, during, or after advocacy activities.



Decompression Space

Rest, and reflect in a quiet and protected space.



Debrief Sessions

Reflect together as a group to identify what went well during the event/activation and what can be improved.

Crisis Response

If you or someone you know is in crisis, please seek support using the Brave Movement [«Get Help»](#) page or contact local authorities.

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