

Being part of change  
doesn't mean saying yes to  
everything. It means knowing what  
you **carry**, what you can **hold**, and  
when to **rest**.



#EndChildhoodSexualViolence

Preparing for safe advocacy

Honoring yourself means  
knowing you can step back,  
even after saying yes!

#EndChildhoodSexualViolence



WE ARE BRAVE SO THAT CHILDREN CAN BE SAFE